

# Common Sense Solutions

Teresa Allen

A SPECIAL MOTIVATIONAL PROGRAM  
FOR YOUR CONFERENCE!

## Having the TIME of Your Life !

In this highly motivational and inspirational message, Teresa encourages participants to get off the rollercoaster of life long enough to do what we were taught in kindergarten:

***Stop, Look, and Listen!***

Instead of just marking time in their personal and professional daily life, Teresa encourages listeners to use the thousands of heartbeats in every single day to make a mark on the world in which they live.

***“It is my firm wish that as you wisely use the time IN your life, you will most certainly have the time OF your life!”***



This program can be structured for a short keynote timeframe or can be extended into a time management workshop. Call Teresa today to discuss your time and budget needs. She looks forward to making your program a success!

***“Simply captivating! I have never felt so uplifted and empowered to make every day count!”***

***“Your programs were both entertaining and uplifting. Thank you for help in making this an outstanding convention!”***



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